



Waldo Avenue

Restoration Branch

November, 2024 Vol 5 #11

Minutes from the October Women's Meeting

We met at Freddie and Erin Fitches home on Saturday, October 12th. There was a very good turnout with everyone enjoying fellowship as we discussed a study into the life of Eve from the book Twelve Extraordinary Women (How God Shaped women of the Bible and what He wants to do with you) by John MacArthur. We discussed continuing our service project with Graceland University's nurses pantry and on-going work at the Unity Center for Team Jesus. Next women's meeting is tentatively set for 1 p.m. November 9th at the Fitch home.#

A Testimony

While attending a prayer and testimony service recently Janelen Cederstrom shared the following testimony which I asked them to share with us:

Yesterday, our truck's driver's passenger window wouldn't roll up for the second time. I was very worried knowing that I had to park my truck at MCI for a few days and didn't have time to take it to the auto shop. Before leaving I wanted to pick up a shirt from Bass Pro. My husband, Dayn, said *I will wait in the truck since*

we can't roll up the window. While waiting he popped the hood to check for anything out of the ordinary. A young car mechanic, JJ, pulled in alongside our truck, jumped out and said: *I have my own auto mechanic shop. I've got my portable diagnostic with me, do you want me to test your truck?* Dayn said, *Sure.* JJ was able to find a short in the wiring and then reset it. He wouldn't take one dollar for his work. The window is now working and we didn't have to worry about the weather. He repeatedly denied any compensation. He just said he was glad to help us. We are so thankful that there are still wonderful people out there like JJ despite what social media tells us. We will never forget JJ's act of kindness. We were simply blessed by another person who truly cares about others. It made a huge difference in our life, right when we needed it.#

Team Jesus Update

The Beloved need warm blankets and/or sleeping bags. If you have either in clean, not stained or torn condition that you would like to donate contact Barbara Dutton. Late October Team Jesus went to Belize to see what needs there are. In December or January they will be going to Mexico with clothes.#

Be willing to remove all barriers and hindrances to the achievement of Zion. You must become one. This would include the groups and associations you have formed, and the responsibilities that you carry. Kirtland 2022

Attributes of a Child of Christ

Continued from last month:

They have a knowledge of the goodness of God and His matchless power, His wisdom, His patience, and His longsuffering toward the children of men and the atonement which has been prepared from the foundation of the world.

They continue in the faith even to the end of the life of the mortal body.

They believe in God, that He is, that He created all things both in heaven and in earth, that He has all wisdom and all power, both in heaven and in earth, that man doth not comprehend all things which the Lord can comprehend, that they must repent of their sins and forsake them, and humble themselves before God and ask in sincerity of heart that He will forgive them—and they do these things.

They have come to the knowledge of the glory of God.

They have tasted of the love of God.

They always retain in remembrance the greatness of God.

They call on the name of the Lord daily.

They stand steadfastly in the faith of that which is to come.

They always rejoice.

They are always filled with the love of God.

They always retain a remission of their sins.

They grow in the knowledge of the glory of their Creator.

They grow in the knowledge of that which is just and true.

They do not have a mind to injure one another.

They live peaceably.

They render to every man according to that which is his due.

They do not suffer their children to go hungry or naked.

They do not suffer their children to transgress the laws of God and fight and quarrel one with another and serve the devil.

They teach their children to walk in the ways of truth and soberness, to love one another, to serve one another.

They succor those that stand in need of their succor.

They administer of their substance unto him that stands in need.

They do not suffer that the beggar puts up his petition to them in vain and turn him out to perish.

They recognize that they are beggars.

God grants them whatsoever they ask that is right.

They are guiltless.

They impart of their substance to the poor according to that which they have; they feed the hungry, clothe the naked, visit the sick and administer to their relief, both spiritually and temporally, according to their wants. They do all these things in wisdom and order.

They do not run faster than they have strength.

They return the things which they borrow.

They watch themselves, their thoughts, their words, their deeds.

They observe to keep the commandments of God.

A mighty change is wrought in their hearts.

They are willing to enter into a covenant with God to do His will and to be obedient to His commandments in all things that He shall command them all the remainder of their days.

Continued on next page.

I say unto you, listen to Me.

...You must take the Holy Spirit as a guide in all things that you do in your life.

Reconnecting With God

Whether it is for the purpose of forgiving others so we can be fully present or to repent of something we have done that separates us from God; these steps are a way in which we may go about reconnecting with God. If we harbor unforgiveness Jesus said it is impossible for us to receive God's forgiveness (Mos.11:140, DC64:2, Mk 11:27-28).

I have come to understand, when we don't forgive, a part of our spirit is literally someplace else holding someone accountable for whatever they did to us. It takes our undivided attention, being fully present, for us to receive God's forgiveness. Which means we **must** forgive in order to have our spirit back intact allowing us to be fully present.

1. **Confess:** first admit, acknowledge, uncover that which separates us from God.
2. **Repent:** we come to Him with the attitude of intending to no longer do that which separates us from Him and with the understanding that we cannot change our nature, so we ask Him to change our nature by giving us a new spirit (Ps. 51:10, 2Ne1:7, this means brokenness). This results in a changed heart and behavior. It all begins with a choice to approach God asking Him to change us and willingness to give Him all of us, an open heart and humble spirit.
3. **Forgive others:** one misconception we have about forgiving others is that it involves saying whatever they did to us is okay. What is needed to be done is to release yourself from holding the other person accountable for whatever they did and a willingness to put it in God's hands. You acknowledge this and that it is dividing your spirit, you no longer want to do that so you are calling your spirit back home to you and releasing theirs (you may have been holding them hostage in some instances).
4. **Ask God's forgiveness:** for having done whatever it was.
5. **Receive God's forgiveness:** we must receive His forgiveness, just like receiving a gift, we have to take it in order to benefit from it.
6. **Forgive yourself:** in order to make this

whole thing work, we must forgive ourselves. The consequences of not forgiving ourselves are the same as not forgiving someone else. The difference is that a part of our spirit is stuck in the past blaming ourselves for whatever we did. The result is still the same as having a divided spirit.

7. Lastly **Thank Him** for His infinite wisdom, forgiveness. Repentance and Forgiveness are precious gifts given us so that we may come back into the presence of our Father.

And **REMEMBER** the Holy Spirit convicts us of anything we are thinking, saying or doing that is separating us from God. These steps will help maintain connection with God effectively and efficiently. If you are unaware of whatever is troubling you, the Lord will help bring to your mind whatever it is so you can deal with it. *Continued on pg. 4*

Attributes

Continued from page -2-

They have great views of that which is to come.

Were it expedient, they could prophesy of all things.

They receive a new name: *children of Christ, His sons and His daughters.*

They are born of Christ.

They are spiritually begotten of Christ.

They are made free.

They are pure.

They are steadfast, immovable.

They always abound in good works.

They search diligently in the light of Christ that they may know good from evil.

They lay hold upon every good thing and condemn it not. (Taken from Mosiah 2:8 through 7:18)#

Man's ultimate destiny depends not on whether he can learn new lessons or make new discoveries and conquests, but on his acceptance of the lessons taught him close upon two thousand years ago.

Inscription by the artist Frank William Brangwyn at New York City's Rockefeller Plaza.

Reconnecting with God cont. from pg. 3

Below are 3 techniques that will help in your daily walk with the Holy Spirit.

- ◇ **The Box Technique** is used when we are trusting God less than 75%. It's used to try to address a love and/or fear based issue.

To do this, simply put the issue or person in a box in your mind, close the lid, put a lock on it, put it in God's hands, take your hands off and step back. Cut any strings coming from the box which are desires to stay attached if there are any and give it to God saying:

I am trusting you God 100% to take _____ (the issue or person) and take care of it/them for me. I am too attached to it and am not able to listen effectively to your Spirit as I need to be. So please help me listen to you better so I may be able to plug into _____ (the person if it is someone you should be plugged into like a spouse or child). Thank you for doing this for me, Lord. In Jesus name. Amen.

You do this as often as you need to until **Re-directing** is appropriate which is when you trust God enough (more than 75%) to let Him be in charge completely.

- ◇ **Re-directing** is used when we are confident with the statement *I trust God 100% to help me with my problems* but we go weak when we make this statement and find we are really only trusting Him 75%.

Any percentage we are holding onto to try to fix, influence or control costs us. What is required is to be consciously aware you are doing it (directing) so you can consciously see the situation/person with God and thus re-direct your energy back toward God instead of toward the situation/person. This is a very simple but highly effective technique for dealing with concerns. Remember, worry is not appropriate. The scriptures label it a sin because it separates us from God. Concern is only appropriate if it is directed toward God.

- ◇ **The Wedge Technique** is used when you are being confronted with a negative situation and

you do not want to react to it or be influenced by it.

You simply visualize in your mind, toward the person in question, the Holy Spirit moving through you out from your heart in the shape of a wedge with you behind the wedge. This *wedge of love* is directed toward the individual's heart where they have the option to respond or ignore it. Either way, their negative energy is deflected away from you and them instead of back at them. While you are behind the wedge, you will be able to really listen to what they are saying without reacting to it. It will be easier to hear and understand where they are coming from and if what they are saying has nothing to do with you but is a result of their present circumstances.#

Unforgiveness is a form of pride.

The Secret of Spiritual Strength by Andrew Murray

There are five chapters in this short 92 page writing of Andrew Murray republished by Whitaker House in 1984. They are: Knowing Jesus, The Secret of the Christian Life, The Power of the Cross, Drawing Near to God, and Called into His Light.

This book discusses extensively the life of Jesus, His example, His character, everything He did that pointed to the *Cross*. We know from reading scripture, Jesus did only what the Father told Him to do, absolute surrender. That is one of the characteristics of the *Cross*. We also know that is what will bring about Zion, absolute surrender to the will of the Father.

For a thorough understanding of the purpose and effect of the *Cross*, read this book. It isn't expensive and would make a good addition to your library, probably one book you will want to read again and again until it sinks in.#

And again, I command thee that thou shalt pray vocally as well as in thy heart; yea, before the world as well as in secret; in public as well as in private. (DC18:4a)

Why Pray Aloud?

This question has many answers. We might say: Because it is a commandment and Jesus said if we love Him we would keep His commandments. And we want Him to know we love Him. I believe the answer goes far deeper than that. This question was posed recently at a class I attended and here are some of the answers given:

- ⇒ Praying vocally is our number one witness of our faith. You cannot lie to God, when you pray you are showing your faith, a witness to those who hear what you are really made of.
- ⇒ The adversary must hear our prayers especially rebuking him so that He knows where we stand in our walk with God.
- ⇒ Praying aloud teaches others how to pray.
- ⇒ There is a bond that comes between those who pray together and that bond is deepened when we pray aloud.
- ⇒ Words are powerful and they stick in our minds.
- ⇒ Even when I pray in my Prayer Closet I pray vocally, I just feel a closeness during that prayer time.

We may have many reasons for not praying aloud but wouldn't it be a blessing to others if we prayed vocally instead? Wouldn't it strengthen our faith and the faith of others? Like the first and great commandment to love the Lord our God with all we are and to love each other the same, He would have us love Him because we want to love Him NOT because it is a commandment. Praying out loud is the same, we would pray aloud because we see how it helps others and we want to help others not because it's a command but because we love them.#

Help is always yours. It comes so swiftly when you realize that you are insufficient to supply your need. But it comes the more potently as you grow to see that for each need the supply was already provided. My followers so often act as if My supply came into being only through prayer for help.

Praise

Repent

Ask

Yield

Enjoy

Remember

Taken from Matt. 6:10-15

Remember and its variants appear 220 times in the Book of Mormon making it one of the most used verbs in the book, as important as — to obey, pray, worship. Remember (to retain) is not a memory exercise for history but an essential spiritual discipline that allows a covenant people to preserve its identity. It is not the past that is to be remembered but those portions of the past that emphasize covenant ideals and relationships, strengthen and expand faith and assure salvation. There are only three verbs used more often than remember in the Book of Mormon, they are *to be*, *to have* and *to go*. #

Seven Reasons to Praise Jesus as Lord

1. Because of Jesus, I am forgiven. Rm. 3:25-26
2. Because of Jesus, I have peace with God. Rm. 5:1
3. Because of Jesus, I don't have to live with guilt or condemnation. Rm. 8:1
4. Because of Jesus, I have a great inheritance. Rm. 8:17
5. Because of Jesus, I always have someone I interceding for me. Rm. 8:34
6. Because of Jesus, I have eternal life with Him. Rm. 8:10-11
7. Because of Jesus, I can have more life in this life. John 10:10

Taken from [The Prayer That Changes Everything, the Hidden Power of Praising God](#) by Stormie Omartian, pg. 63. #-

I'm old and wise because God protected me when I was young and stupid. Dan Hood

A Blessing From Our Lord

Earlier this year the mechanic I take my car to and have for many years (so I trust his judgment) told me the brakes needed to be replaced and he couldn't find parts. I prayed about what to do and asked my family and two friends to pray that I would know the best thing to do. I decided to drive it until I no longer could. Trusting in the Lord's provision.

One of my friends I had asked to pray for me, to have wisdom given me, said to me one morning: *See that black car over there? It's yours!* He had gotten a really good deal on a newer vehicle and did not need two cars so was giving me his car! When he gave it to me he left a bunch of coins in one of the compartments telling me I could have them. I sorted through and pulled out the U.S. coins the rest were from Belize. I put them into an envelope to take to a bank to exchange them.

What to do with my car? I prayed and every time I questioned who do I give my car to, a certain friend came to mind. I called him, he heads a ministry working with the *Beloved* (homeless) in the area and travels extensively through out the world to bring the Good News of Jesus and help with natural disaster aide.

I said to him: *I am in need of some advice.* His response was: *Can we pray?* He then offered a prayer asking the Lord to put into his mind the exact words of advice. (This made me pause, too often when asked for advice I give it without asking the Lord *What would you say?*)

I then told him the situation and his response: *We have a young man working for the ministry who is in need of a car. He has none and cannot get to places.* So I told him he could have this car. I told him the issues and he said that he knew of a good Christian mechanic and felt certain he could find the parts they needed and did in a few days.

I got the newer car licensed then called my friend. He came with the young man and we went to my friends bank to get paperwork notarized but the bank wouldn't because neither one of us, the purchaser and seller had an account there. *Don't worry*

my friend said, he was determined to find a notary and we went to a local law firm. The clerk notarized the necessary paperwork and even took the time to explain to me what I needed to do next. Then, did not charge us for her services. *My boss pays for me to notarize, so I don't charge people.*

We left and on our way back home I asked my friend what the ministry he headed was doing next. We are going to Texas, southern Missouri, Alabama, and then to Belize.

I told him I had an envelop of Belize coins I would give him. *There isn't a lot, but you can have them,* I said. He replied, *It's not the quantity, any amount will be of help, but it's definitely confirmation we are to go to Belize.*

We couldn't have planned this, only God could:

- ⇒ My newer cars owner gifting me a car with Belize coins in it,
- ⇒ My being led to call my friend with a ministry having a person working with them who needed a car and
- ⇒ This ministry going to Belize.

The God who knows everything from the beginning to the end, all knowing planned this, He had prepared the way for this series of events. His work will be done we just need to listen and get out of His Way. If you aren't seeing God working all around you or in your life—today, look again because He is. Barbara Dutton#

Blessings are given to us to share with others. Any time we have a blessing it is a testimony and we are admonished to be valiant in testimony. This does not only include Prayer and Testimony services. It includes interactions with others and in publications such as this. If you have a blessing, no matter how *insignificant* you think it is, share it. You may never know how it affects someone else but the Lord knows. Take a few moments and write your blessings down and let us put them in this newsletter. This newsletter goes far beyond Waldo R.B., for your information it goes to California, Wisconsin, Oklahoma, Michigan, Africa, Germany, Australia and who knows where else.#